



Jeffersontown Senior Citizens Center  
10631 Watterson Trail  
Jeffersontown, KY 40299  
(502) 267-9112

**Remember!**  
TO SANITIZE YOUR AREA & EQUIPMENT  
WITH PROVIDED SANITIZING SUPPLIES!

# September 2021



**COLOR KEY**

- Meals
- Exercise
- Exercise w/instructor (fee applicable)
- Games-Cards
- Games-Other
- Health Service
- Day trip
- Special Event
- Evening Activity

**Continental Breakfast**  
Weekdays 8:00-10:30am  
Hot Lunches (\$5.00)  
M-W-F 11:15 am

**Blood Pressure Checks**  
2<sup>nd</sup> & 4<sup>th</sup> Mon. of month  
2<sup>nd</sup> floor until 11:00 am

JSC is kicking off Gaslight Festival week with a special Monday night FREE OUTDOOR concert by THE CHECKMATES 5:00-8:00 pm Reservations NOT required

**It's**  
JEFFERSONTOWN  
Gaslight Festival  
**week!**

Mon	Tue	Wed	Thu	Fri
9:00 am Aerobic Exercise 10:00 am Bunco Group (ballroom) 10:00 am Pinochle (card room) 12:00 Zumba Gold Class	9:00 am Aerobic Exercise 9:15 Poker Group (card room) 10:00 am Tai Chi Class (\$2.00) 11:15 am Strength & Balance *BEGINNERS Class (\$1.00) 12:15 pm Strength & Balance *ADVANCED Class (\$1.00)	9:00 am Aerobic Exercise 10:15 am Zumba Gold Class (\$1.00) 9:15 Poker Group (card room) 10:00 am Hand & Foot (2 <sup>nd</sup> Fl) 10:00 American Mahjong (2 <sup>nd</sup> Fl) 12:00 Euchre Group (dining room)	9:00 am Aerobic Exercise 9:15 Poker Group (card room) 10:00 am Pinochle (ballroom)	9:00 am Aerobic Exercise 9:30 am Party Bridge (card room) 10:00 am Bingo Group (ballroom) 12:00 pm Euchre Group (ballroom)
 <b>WE WILL BE CLOSED LABOR DAY</b>	9:00 am Aerobic Exercise 9:15 Poker Group (card room) 10:00 am Tai Chi Class (\$2.00) 11:15 am Strength & Balance *BEGINNERS Class (\$1.00) 12:15 pm Strength & Balance *ADVANCED Class (\$1.00)	9:00 am Aerobic Exercise 10:15 am Zumba Gold Class (\$1.00) 9:15 Poker Group (card room) 10:00 am Hand & Foot (2 <sup>nd</sup> Fl) 10:00 American Mahjong (2 <sup>nd</sup> Fl) 12:00 pm Euchre Group (ballroom)	8:00-10:30 am Caption Call Info In lobby by elevator Phone Captioning System Offer 9:00 am Aerobic Exercise 9:15 Poker Group (card room) 10:00 am Pinochle (ballroom)	9:00 am Aerobic Exercise 9:30 am Party Bridge (card room) 10:00 am Bingo Group (ballroom) 12:00 pm Euchre Group (ballroom) <b>Bardstown Farmer's Market Trip</b>
9:00 am Aerobic Exercise 10:00 am Bunco Group (ballroom) 10:00 am Pinochle (card room) 12:00 Zumba Gold Class (\$1.00) <b>CHECKMATES CONCERT 5-8pm</b>	9:00 am Aerobic Exercise 9:15 Poker Group (card room) 10:00 am Tai Chi Class (\$2.00) 11:15 am Strength & Balance *BEGINNERS Class (\$1.00) 12:15 pm Strength & Balance *ADVANCED Class (\$1.00)	9:00 am Aerobic Exercise 10:15 am Zumba Gold Class (\$1.00) 9:15 Poker Group (card room) 10:00 am Hand & Foot (2 <sup>nd</sup> Fl) 10:00 American Mahjong (2 <sup>nd</sup> Fl) 12:00 Euchre Group (dining room) <b>Derby Dinner-Odd Couple</b>	9:00 am Aerobic Exercise 9:15 Poker Group (card room) 10:00 am Pinochle (ballroom)	9:00 am Aerobic Exercise 9:30 am Party Bridge (card room) 10:00 am Bingo Group (ballroom) 12:00 pm Euchre Group (ballroom)
9:00 am Aerobic Exercise 9:30-11:00 Blood Pressure 10:00 am Bunco Group (ballroom) 10:00 am Pinochle (card room) 12:00 Zumba Gold Class (\$1.00)	9:00 am Aerobic Exercise 9:15 Poker Group (card room) 10:00 am Tai Chi Class (\$2.00) 11:15 am Strength & Balance *BEGINNERS Class (\$1.00) 12:15 pm Strength & Balance *ADVANCED Class (\$1.00)	9:00 am Aerobic Exercise 10:15 am Zumba Gold Class (\$1.00) 9:15 Poker Group (card room) 10:00 am Hand & Foot (2 <sup>nd</sup> Fl) 10:00 American Mahjong (2 <sup>nd</sup> Fl) 12:00 pm Euchre Group (ballroom)	9:00 am Aerobic Exercise 9:15 Poker Group (card room) 10:00 am Pinochle (ballroom)	9:00 am Aerobic Exercise 9:30 am Party Bridge (card room) 10:00 am Bingo Group (ballroom) 12:00 pm Euchre Group (ballroom)
9:00 am Aerobic Exercise 10:00 am Bunco Group (ballroom) 10:00 am Pinochle (card room) 12:00 Zumba Gold Class (\$1.00)	9:00 am Aerobic Exercise 9:15 Poker Group (card room) 9:30 am Duplicate Bridge (ballroom) NOTE: NO duplicate bridge this week	9:00 am Aerobic Exercise 10:15 am Zumba Gold Class (\$1.00) 9:15 Poker Group (card room) 10:00 am Hand & Foot (2 <sup>nd</sup> Fl) 10:00 American Mahjong (2 <sup>nd</sup> Fl) 12:00 pm Euchre Group (ballroom)	9:00 am Aerobic Exercise 9:15 Poker Group (card room) 10:00 am Pinochle (ballroom) <b>Kingpin Bowling Day Trip</b>	9:00 am Aerobic Exercise 9:30 am Party Bridge (card room) 10:00 am Bingo Group (ballroom) 12:00 pm Euchre Group (ballroom)



On Sept. 30<sup>th</sup> Please see bulletin board for details.  
**SIGN-UP OPENS ON Sept. 1**

Check Out a Library Book  
or a jigsaw puzzle  
Help yourself to a book or puzzle from our JSC library. It's the honor system. Enjoy and then return when you're finished.  
**LOCATED ON THE SECOND FLOOR, ROOM #8**



**GROUP LEADERS:**  
**Bingo:** Front Desk  
**Bridge:** June Woo Clausen juneclausen@hotmail.com  
**Bunco:** Shelby Newton  
**Euchre:** Bill Willingham  
**Hand & Foot:** Nancy Stark  
**Mahjong (American):** Helen Bridwell  
**Pinochle:** Don & Margaret Weidner  
**Poker:** Leo & Rita Schumate

Contact information for group leaders is available at the JSC front desk.

Please note: Activities, hours & procedures are subject to change without notice.