

June



News Notes

Walking

Monday-Friday 8:00-10:00 am
Armstrong Recreation Center
Don't forget to sign in!!

LUNCH PROGRAM

Monday, Wednesday, Friday, 11:15 am
Reservations required in advance
Cost: \$3-Members \$4-Guests

**Silver Soles, LLC
Toenail and Foot Clinic**

Thursday, June 15th

NON-DIABETIC ONLY

\$20 cash or check payable to Silver Soles

**Please Arrive 10 minutes prior to
appointment time**

Sign Up at the Front Desk



WE WANT YOU!

**JOIN US FOR AN
INDEPENDENCE DAY
COOK OUT FOR JSC**

MEMBERS ONLY!

MONDAY, JULY 3RD

11:00 A.M.:

NO CHARGE!!!!



**TIME TO RENEW
YOUR MEMBERSHIP
MAY 1ST
THROUGH JULY!!!!
\$30**

TECHNOLOGY CLASSES

J-TOWN SENIOR CITIZEN'S CENTER



My name is Chandler, and I'm here to help the 1st and 3rd Tuesday of each month at 1:00 P.M. I will be teaching hour long classes here at the Senior Center in the dining room. During the first half hour, I'll be discussing a tech-related topic. The rest of the time, I'll give you the chance to ask questions.
Free, tips accepted

JEFFERSONTOWN SENIOR CITIZENS

10631 Watterson Trail
Jeffersontown, KY 40299
267-9112

Email: jtownseniors@jeffersontownky.gov

Website: www.jeffersontownky.com

SENIOR CENTER HOURS

Monday-Friday
8:00 a.m. - 3:00 pm
All activities end at 2:30 p.m.