

# May



# News Notes

## Walking

Monday-Friday 8:00-10:00 am  
Armstrong Recreation Center  
Don't forget to sign in!!

## LUNCH PROGRAM

Monday, Wednesday, Friday, 11:15 am  
Reservations required in advance  
Cost: \$3-Members \$4-Guests

**Silver Soles, LLC  
Toenail and Foot Clinic**

**Tuesday, May 16<sup>th</sup>  
NON-DIABETIC ONLY**

**\$20 cash or check payable to Silver Soles  
Please Arrive 10 minutes prior to  
appointment time**

**Sign Up at the Front Desk**



**TIME TO RENEW  
YOUR MEMBERSHIP  
MAY 1<sup>ST</sup>  
THROUGH JULY!!!!  
\$30**

## TECHNOLOGY CLASSES

J-TOWN SENIOR CITIZEN'S CENTER



My name is Chandler, and I'm here to help the 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of each month at 1:00 P.M. I will be teaching hour long classes here at the Senior Center in the dining room. During the first half hour, I'll be discussing a tech-related topic. The rest of the time, I'll give you the chance to ask questions.  
**Free, tips accepted**

JEFFERSONTOWN SENIOR CITIZENS CENTER  
PRESENTS

### **A STARRY NIGHT DANCE**



DATE: Saturday, June 17, 2017

TIME: 7:00-11:00 pm

COST: \$10 per person

#### DETAILS:

- ❖ Music provided by **AMAZING SOUNDS**
- ❖ Light snacks & soft drinks will be provided
- ❖ Guests are welcome to bring their own refreshments
- ❖ A limited number of door prizes will be offered
- ❖ Maximum of 100 tickets will be sold

Jeffersontown Senior Citizens Center  
10631 Watterson Trail \* Jeffersontown, KY 40299  
(502) 267-9112

## JEFFERSONTOWN SENIOR CITIZENS

10631 Watterson Trail  
Jeffersontown, KY 40299  
267-9112

Email: [jtownseniors@jeffersontownky.gov](mailto:jtownseniors@jeffersontownky.gov)

Website: [www.jeffersontownky.com](http://www.jeffersontownky.com)

### SENIOR CENTER HOURS

Monday-Friday  
8:00 a.m. - 3:00 pm  
All activities end at 2:30 p.m.